



## Favorite Ready-To-Go Snacks

### **Bars**

*Choose options with real food ingredients and no added sugars*

Rx Bars

Kind nuts & spices (<5g sugar)

Larabar

88 Acres

Purebar

Kit's Organic (By Cliff Bar)

Picky Bars

Perfect Bars – in the refrigerated section (for a larger snack/small meal)

### **Other snacks:**

Roasted chickpeas (Bienna or The Good Bean)

Somersault sunflower seed snacks

Rhythm Superfood Snacks Beet Chips

Popcorn (Quinn, Pipcorn, Boom Chickapop, Skinny Pop, Lesser Evil)

Nuts & Seeds of any kind

Trail mix (choose options with nuts + fruit only or make your own)

Harvest Snaps Lentil or Pea Snacks

Mary's Gone Crackers (pair with peanut butter, avocado, or cheese for more filling option)

Flackers (flax seed crackers)

Go Raw Sprouted Seed Crackers

Gaea Olive Snack Packs (shelf-stable)

Justin's Almond Butter with Pretzels packs

### **Refrigeration Required:**

Babybel Cheese Wheels

Greek or Icelandic Yogurt (choose plain and add your own fruit and a small amount of honey if needed)

Cottage Cheese

Sargento Balanced Breaks

Mini Hummus Packs (pair with crackers above or raw vegetables)