Favorite Ready-To-Go Snacks

**Bars**
*Choose options with real food ingredients and no added sugars*
- Rx Bars
- Kind nuts & spices (<5g sugar)
- Larabar
- 88 Acres
- Purebar
- Kit’s Organic (By Cliff Bar)
- Picky Bars
- Perfect Bars – in the refrigerated section (for a larger snack/small meal)

**Other snacks:**
- Roasted chickpeas (Bienna or The Good Bean)
- Somersault sunflower seed snacks
- Rhythm Superfood Snacks Beet Chips
- Popcorn (Quinn, Pipcorn, Boom Chickapop, Skinny Pop, Lesser Evil)
- Nuts & Seeds of any kind
- Trail mix (choose options with nuts + fruit only or make your own)
- Harvest Snaps Lentil or Pea Snacks
- Mary’s Gone Crackers (pair with peanut butter, avocado, or cheese for more filling option)
- Flackers (flax seed crackers)
- Go Raw Sprouted Seed Crackers
- Gaea Olive Snack Packs (shelf-stable)
- Justin’s Almond Butter with Pretzels packs

**Refrigeration Required:**
- Babybel Cheese Wheels
- Greek or Icelandic Yogurt (choose plain and add your own fruit and a small amount of honey if needed)
- Cottage Cheese
- Sargento Balanced Breaks
- Mini Hummus Packs (pair with crackers above or raw vegetables)